

TechFit | MediFit

What To Expect



Your Google Health Profile:

- We will enter your Medical History into a Google Health account for you (we may contact you for more information so that your profile is as thorough as possible).
- When finished, we will set up an appointment with you where we will:
 - walk you through the log-in process
 - give you an introductory tutorial and point out the features that you will benefit most from
 - take some time to double-check that the information is correct
 - discuss a plan for profile maintenance because it is **very important** to keep your information as up-to-date as possible

Portable Health Record & CFIT USB card:

- To use the USB card, flip out the USB chip and plug it into the USB port on any computer.
- **For emergency situations:** Your USB card contains a read-only document with pertinent information for emergency situations (medications, allergies, etc.).
- **For seeing new physicians & general record keeping:** Your USB card contains a more complete record of your medical history (i.e. imagery, doctor's records, lab test results, etc.) that is encrypted & password protected.

