



Healing Garden Presentations

CFIT A-LA-CARTE SERVICES

Presentation By: John Baran, Landscape Architect
Toyon Studio LLC

A properly designed therapeutic garden has been shown to greatly benefit the physical, social, psychological and spiritual health of people dealing with dementia, Alzheimer's and other forms of cognitive decline.

Consider a therapeutic garden for your home.

- Toyon Studio will work with you and your family to create an aesthetically pleasing, therapeutic, and safe living environment.
- Access to nature helps people reduce stress and lower blood pressure.
- Any garden, indoors or outdoors, can be transformed into a healing garden and tranquil healing space.
- Comfortable, safe, therapeutic environments will help keep you and your loved ones at ease.

**Please join us for one of our exclusive presentations
with John Baran, Owner of Toyon Studios**

Place: The Center for Cognitive Fitness & Innovative Therapies
2409 De La Vina Street, Santa Barbara, CA 93105

1st Date: Tuesday, August 25th, 2009

2nd Date: Friday, September 25th, 2009

3rd Date: Wednesday, October 28th, 2009

Time: 1:30pm-3:00pm

Free for CFIT Clients/ \$5 Tax Deductible Donation for General Public
Reservations Required: Please RSVP to 805.899.7777

or e-mail us at <Kendra@sbcfit.org>

Space is limited!