



# LIFEFIT: VIDEO MEMORY ARCHIVING

## CFIT A-LA-CARTE SERVICES

Provider: Kate Carter  
Executive Director LifeChronicles  
[www.lifechronicles.org](http://www.lifechronicles.org)

### *“CAPTURE THE ESSENCE OF YOUR LIFE & MEMORIES”*

LifeChronicles utilizes video to preserve a legacy for people in defining times of their lives.



The video provides those wishing to record their life stories for the benefit of those they will eventually leave behind the opportunity to preserve their memories.



Unlike any other medium, video encompasses people in their entirety, including the sound of their laughter, the inflections in their voices and the sight of their facial expressions.



Offers comfort to people during critical periods of their life by providing an opportunity to share important messages and experiences, as well as a way to express their love to their family and friends.



LifeChronicles' service's have proven to be therapeutic and empowering, not only for the participants themselves, but also for those who are near and dear to them.



**PLEASE SET UP A BRIEF CONSULTATION TO DISCUSS YOUR INTEREST  
IN MEMORY ARCHIVING**

~ COST OF SERVICE: \$1,000 FOR A 10-15 MINUTE VIDEO ~  
**\*THIS IS A TAX DEDUCTIBLE SERVICE\***