



# NONPROFITS

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A REPORT ON NONPROFITS AND PHILANTHROPY

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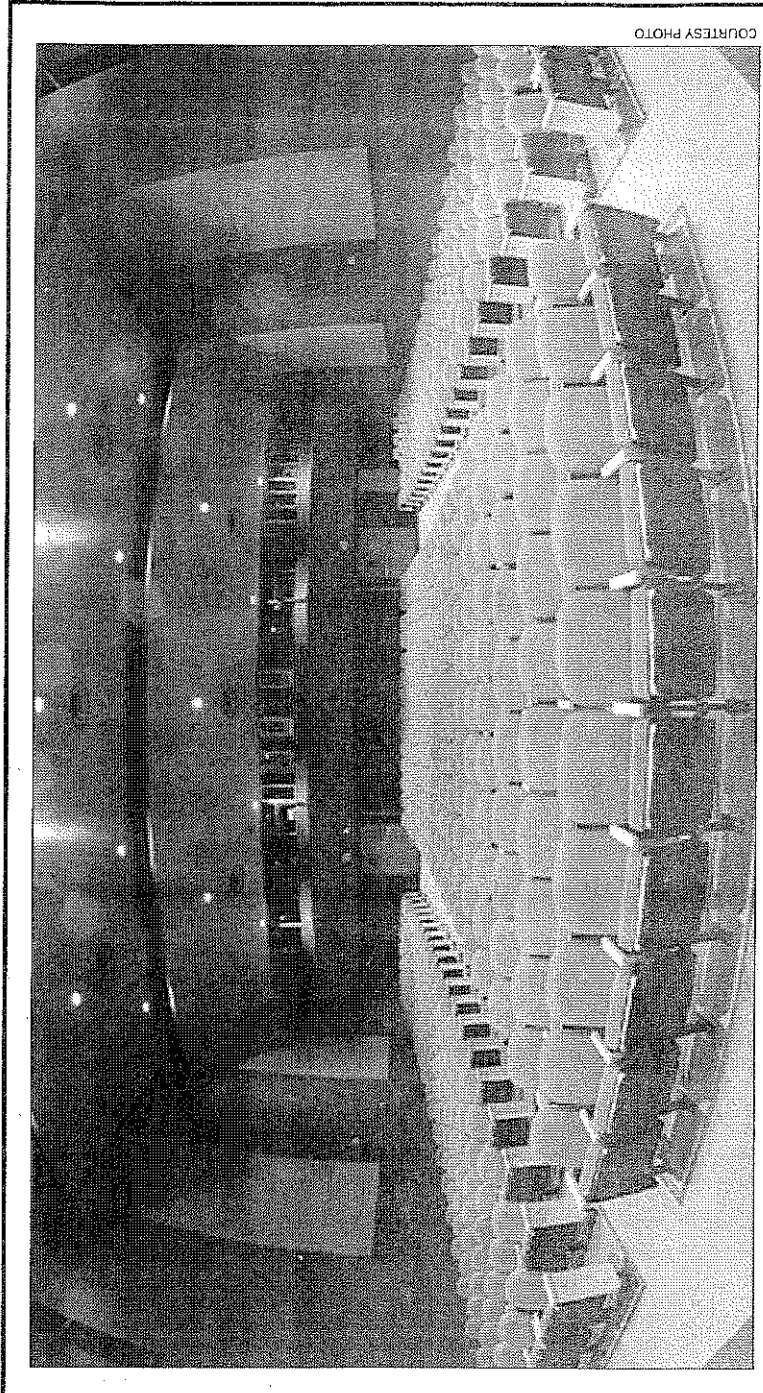
**Nonprofit & philanthropy** briefs

## Keeping minds fit

Cognitive Fitness & Innovative Therapies, or CFIT, is a new Santa Barbara-based nonprofit. The organization says it is the first of its kind, offering therapies to help prevent, slow or stop the onset of Alzheimer's disease and other forms of cognitive decline.

The organization, located in a living room-like setting adjacent to Cottage Hospital, says its therapies are based on the latest scientific research about the most effective prevention and intervention strategies. Working with other health care and nonprofit institutions, it takes a multi-disciplinary approach, through which clients have access to a variety of interventions.

The clinic is headed by Harvard-trained neurologist Kenneth S. Kosik, who also co-directs the Neuroscience Research Institute at UC Santa Barbara's Department of Molecular, Cellular and Developmental Biology.



COURTESY PHOTO

The Alex & Faye Spanos Theatre in the Performing Arts Center at Cal Poly San Luis Obispo. Like other performing arts venues, the center has seen attendance drop in recent years.

## Keeping the seats full