



COGNITIVE FITNESS & INNOVATIVE THERAPIES

BrainCare™ for Life

## You're Invited!

Please Join us for the 1st Annual  
**BrainCare For Life:**  
A Community Initiative Gala

Thursday, May 13<sup>th</sup>, 2010  
5:30PM

Introduction By our Guests of Honor  
2409 De La Vina,  
Santa Barbara, CA 93105

Incredible silent auction, live music,  
meet the artists art displays,  
live painting demonstration,  
& fine wines paired with  
delicious h'ors d'ouves!

Please join Kenneth S. Kosik, MD as we welcome  
Larry Crandell and other friends of CFIT including  
UCSB Chancellor Henry T. Yang,  
Cottage Hospital President/CEO Ron Werft,  
our new Mayor Helene Schneider to celebrate a year of  
success and to take a look toward the future.

2010 Central Coast Wine Classic Grant Recipient  
CFIT is working hard as the **first cognitive shop** in the  
nation to prevent cognitive decline, including  
**Alzheimer's disease**. As a 2010 Central Coast Wine  
Classic Grant Recipient, CFIT promises to be a growing  
and key nonprofit clinic providing services that  
every person truly needs.

Complimentary Valet Parking will be available at the  
Cottage Rehabilitation Hospital  
Please RSVP to 805.899.7777 or email  
[kendra@sbcfit.org](mailto:kendra@sbcfit.org)

Dress is Casual Evening Attire

A special thank you to our generous Board of Directors for  
underwriting this event & ensuring CFIT's success!

### Silent Auction Items



Central Coast Wine Classic: 4 Tickets to the Rare & Fine Wine & Lifestyle Auction and Luncheon.



Girl's Night Pin-Up Party for Six: Private photo shoot with Kari Crist & 6 bottles of local boutique wines from Wandering Dog Wine Bar.



Ultimate Synthesis of Wine & Art: A Limited Edition Print by Christina Larner & signed bottle of Artiste Wine.



Abstract Landscape Art: Original Art by Landscape Architect & Local Artist John Baran, Toyon Studio, LLC.



Larner Vineyard: Tour & Picnic for 4, Horizontal Wine Collection from small-production wineries that source their fruit from the Larner Estate.



James Paul Brown: Autographed & Framed Collection, 2 sets of 3 prints.



Newsom Hot Springs: 2 Night stay at a rustic ranch in Arroyo Grande with access to natural local hot spring.



HOT HOT HOT!!: Dinner for 10 guests at Historic Firehouse #1, cooked by the Firemen.



Seasmoke: Tour for 4 of the Vineyard and Winery plus a Magnum, signed by the Winemaker.



Larry Crandell & You: Dinner for 2 at the Coral Casino with Larry himself.



Flamenco Guitarist: Entertain your guests at your next party with a 2 hour session by Guitarist Chris Fossek.



Modern Art Print: Incredible Limited Edition Print, signed by artist Carlos Mascherin.



Return to Freedom: The American Wild Horse Sanctuary Ranch Hike & Tour for 4 people.



CFIT Package MindFit: Science Soiree for 6-10 people with Dr. Kosik, Genetic Testing, Introductory BrainCare Package & MindFit Software Program.



CFIT Package BodyFit: 1 Hour Massage with Jeanette Gardner LMT, Diet & Nutrition Consultation with Betsy Markle, RD, Hormone Consultation & Book by Mia Lundin, RNC, NP.

Fine Wines for auction include Palmina, Flying Goat Cellars, Brewer- Clifton & Seasmoke!

